

REFERENCES

Also find a list of references contained in my paper which can be down loaded from My Healing Cottage web page.

Episodes 1 & 2

Give Yourself a Second Opinion, Dr. Patrick Walsh's Guide to Surviving Prostate Cancer - 2007 (second edition)

Patrick C. Walsh, MD and Janet Farrar Worthington

Hands of Light: a guide to healing through the human energy field - 1987

Barbara Ann Brennan

In An Unspoken Voice: how the body releases trauma and restores goodness - 2010

Peter A. Levine and Gabor Mate

Molecules of Emotion: the science behind mind-body medicine - 1999

Candace B. Pert

Waking the Tiger: healing trauma: the innate capacity to transform overwhelming experiences – 1997

Peter A. Levine and Ann Frederick

Episode 4

Sacred Manhood Sacred Earth: a vision quest into the wilderness of a man's heart - 1994

Joseph Jastrab, with Ron Schaumburg